

KIDS DISCIPLESHIP (AT-HOME)

WEEK 3, FEBRUARY 10

BIG IDEA

Jesus shows me the truth.

BIBLE

The Transfiguration of Jesus: Mark 9:2-9

ACTIVITY | True/False Challenge

- **Let's start off easy:**

- Soccer balls are round.
- Basketballs are shaped like a triangle.
- You need a racket to play tennis.
- You are supposed to throw golf balls with your hands.
- When you score a goal in football, it's called a "home run."

- **Now listen up, these are a little more challenging -**

- A sneeze is faster than a blink of an eye. (*True.*)
- Olympic gold medals are made of silver. (*True.*)
- Chocolate is good for dogs. (*False.*)
- Pigs cannot look up into the sky. (*True.*)
- Some giraffes say "moo." (*True.*)
- Sharks don't blink their eyes. (*False.*)
- The word 'sandwich' is named after a person. (*True.*)
- An ostrich has the largest eyes in the world. (*False. Giant squids have the largest eyes.*)
- A baby has more bones than an adult. (*True.*)
- A shrimp's heart is in its head? (*True.*)

- **INSTRUCTIONS:** *Share about a time you were told the truth about something that was jarring or mind-blowing for you – maybe about an outfit that looked silly, not being talented in something you thought you were good at, the proper pronunciation of a word, etc.*
- **Has anyone ever told you the truth about something that was hard for you to hear?**
- Sometimes, the truth can be tough for us to handle. But knowing the truth about things helps us to make better choices, doesn't it?
- Today's Bible Story tells us about a truth that was revealed to everyone, and what that means for all of us.

TEACHING

VIDEO



Play this week's animated [teaching video](#) for the younger kids.

SCRIPTURE | Mark 9:2-9

Encourage your kids to open their Bibles to Mark 9:2-9

- **Does anyone remember from last week what Jesus' followers were called?** That's right, they were called disciples. One day, Jesus was with

three of his disciples – Peter, James, and John. Jesus led them up to the top of a high mountain. Let's see what the Bible says happens next!

- **INSTRUCTIONS:** *Read Mark 9:2-6. You can read it or let them take turns reading to you.*
- Jesus was God's Son sent to Earth to reunite us with God. But when Jesus was on Earth, Jesus looked like an ordinary human. But was Jesus just another ordinary human? No, of course not! Jesus was God!
 - **Does you know what "transfigured" means?** Transfiguration is when something transforms or changes from what it was before to something completely different.
 - As Jesus was transforming, Jesus' clothes became a dazzling white, and Elijah and Moses appeared and began talking with Jesus. Elijah and Moses were important men in the Old Testament of the Bible who followed and loved God very much.
 - Peter was very afraid when he saw this because Elijah and Moses were not supposed to be alive anymore. But he knew they were experiencing something incredibly important. Let's keep reading to see what happens next.
- **INSTRUCTIONS:** *Read Mark 9:7-9.*
 - Suddenly, a cloud appeared and covered them all. A voice came from the cloud and said, "This is my Son, whom I love. Listen to Him!" **Who do you think this voice belonged to?**
 - When they looked around again, they only saw Jesus. As they came down the mountain, they were confused because Jesus told them not to tell anyone what they had seen and heard at the top of the mountain until the right time.
 - Jesus was the Son of God. And Jesus' transfiguration showed Peter, James, and John who Jesus truly was. When they heard God's voice, they had a better understanding of who Jesus was and what Jesus was on Earth to do.
- Jesus showed the disciples the truth. Jesus shows us the truth, too! All we have to do is ask Jesus for help!

- **Who appeared beside Jesus during the transfiguration?** Good memory! It was Moses and Elijah!
- Moses and Elijah were people from long ago that helped God's people during some hard times. They both talked directly with God and saw God do some really amazing things. Some of you might have heard their stories before.
- **How many people appeared on the mountain that night?** Jesus, Moses, Elijah . . . three! **How many disciples went with Jesus up to the mountain?** Peter, James, John . . . three! Let's use three of our fingers to try this next activity.
- **INSTRUCTIONS:** *Have your kids indicate the number three on their fingers using their index, middle, and ring fingers. For this poll, each time they think the answer is "Moses," have them make an "M" by pointing the three fingers downward. For "Elijah," have them point the three fingers sideways to make an "E."*
 - Helped Israelites cross the Red Sea. (M)
 - Prayed for God to send fire down on his sacrifice. (E)
 - Met God in a burning bush. (M)
 - Met God in a gentle whisper. (E)
 - Was hunted by a queen named Jezebel. (E)
 - Was chased by a king called Pharaoh. (M)
 - His staff turned into a serpent. (M)
 - A woman and her son had never-ending flour and oil because of him. (E)
 - Went up to heaven in a chariot of fire. (E)
- Both Moses and Elijah followed God all the way to the end, even when almost everyone they knew had turned away from God. But they knew the truth, that only God was the real God, so they never gave up following God. No wonder they were important enough to appear next to Jesus during the transfiguration!

LET'S TALK!

DISCUSSION

Preschool:

- What was today's Big Idea?
- Do you remember the names of Jesus' friends?
- What would you would have done if you saw Jesus shining brightly on the mountain?

Elementary:

- Who came with Jesus to the top of the mountain?
- Who appeared at the top of the mountain?
- Who spoke through the cloud?
- Re-read Mark 9:7. Why do you think God told James, John, and Peter that Jesus was God's son?
- What is the truth Jesus shows us?
- Who else do you think helps us see the truth?
- Why is it more appealing sometimes to tell a lie rather than the truth?
Why should we always choose truth?

MEMORY VERSE | I John 5:5 (ESV)

"Who is it that overcomes the world except the one who believes that Jesus is the Son of God?"

* Teach this month's memory verse with the signs IF you want.